

Barnardo's Young Carers Service

We provide a Young Carers Service offering group activities and one to one sessions for children and young people who care for someone.

The children and young people who attend help and support people in their lives who are ill, have a disability, are experiencing mental ill health, or are misusing alcohol or drugs.

The group is for any child or young person between 5 and 18 years of age who provide practical and/or emotional support for a loved one. The group runs for 6 weeks and helps children and young people understand their caring role and how it makes them feel. They can enjoy fun activities with other children and young people and have some time away from their caring role.

To make a referral or enquire about the group please contact Kate Phillips or Gini Simpson on 01226 770 619 or email prioryfamilycentre@barnardos.org.uk